



RASAC

Kirklees, Calderdale and Wakefield

What is consent?

Easy Read

What is Sexual Consent?

This booklet is about **sexual consent**.



Sexual Consent is an agreement between people



The people should all be enjoying themselves



This means making sure with each other that it is okay to:

Touch

What is Sexual Consent?



Hug



Kiss



Have sex

These things are known as sexual contact.

Why is Sexual Consent important?



So that the people involved
are safe and happy



So that you have control
over your own body



So you are aware of what
is happening

Why is Sexual Consent important?



It is against the law to make someone do something sexual that they do not consent to



If you are going to have sex, both people must be aged 16 or older

It is **not** okay to have any type of sexual contact with someone whose job is to support you

Why is Sexual Consent important?



For example:

A support worker



A doctor



A teacher



A police officer

How do I get Sexual Consent?

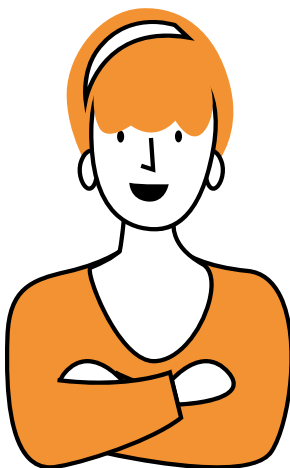


Talk to each other, ask if they are happy



Some people may also show their consent by:

Smiling



Positive signs

How do I get Sexual Consent?



Keep checking with them, they might change their mind, this is okay



If you are unsure then you must stop and check

If any of these things happen you must stop



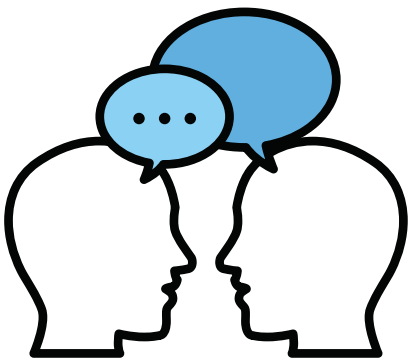
They look unhappy



They push you away



They have stopped
moving



They tell you they are
unhappy

If any of these things happen you must stop



They say NO



They are in pain

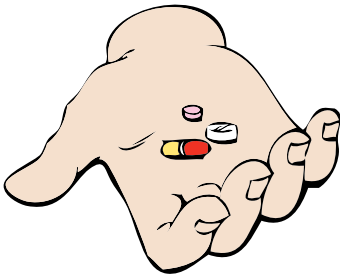


They are crying

Someone can't give sexual consent if:



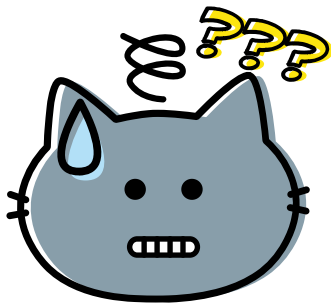
They are asleep



They have taken too many drugs



They are drunk



They do not understand what is happening

If any of these happen you must not have sexual contact with the person

Who can I talk to?

You can talk to RASAC if you are worried
about consent or sex



We will believe you



We will support you



We will listen to you

Or you can talk to:



A friend



A support worker



A teacher



Your GP or nurse

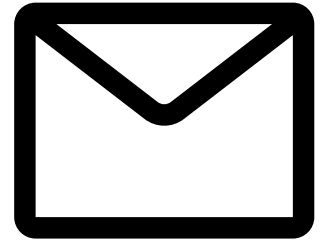
RASAC

Helpline



0300 303 4787

helpline@rasac.co.uk



www.rasac.co.uk

